



**Ray of Hope**  
International Foundation  
[www.letsgivehope.org](http://www.letsgivehope.org)

# RAY OF HOPE

Changing 37k+ lives per year through telehealth, menstrual health support, and assistive tech for people with disabilities

Ray of Hope International Foundation

3 Years at a glance  
2020-22

Hope is where..... You, the givers, are! Because of your generous contributions, Ray of Hope has continued support to our 3 program partners:

- **Karma Health:** nurse-assisted tele-health clinic in Rajasthan, India serving 35k villagers
- **Bal Utsav:** menstrual health supplies & OB/GYN sessions for 1100 school girls, Bangalore, India
- **Inglis:** assistive tech for 400+ people with severe disabilities in Philadelphia, PA

We have raised over \$440,000+ since 2011. There have been 20+ events between 2020 and 2022 that have led to approximately \$43k/year in fundraising.

In addition, we had the privilege of making site visits at all our programs to witness the magical power of kindness and healing, in 3 different communities.

Click below to connect with us:



[www.letsgivehope.org](http://www.letsgivehope.org)



We look forward to making a powerful impact in 2023:



**January:** Dine & Donate at local restaurants in Philly & Suburbs



**Sat February 18th:** Bag Bingo event for handbag lovers



**Sat March 18th:** Bollywood dance fitness class with Rathi and Dhruv



**Sat April 29th:** Cocktail & cooking class with Bruce Marcolongo



**May TBD:** "Shakti - Rebel Girls" Nava Nritya Dance Academy Indian Classical & Contemporary Dance Recital:  
[www.navanritya.org](http://www.navanritya.org)

Seasons greetings and happy new year to all of you and yours,  
Sincerely,

### *Board of Directors*

Anwasha Dutta, Hemang Desai, Sumit Gulati & Mathangi Dandapani

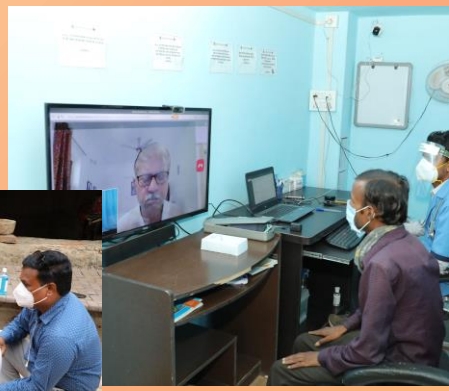
### *Core Team At Large*

Anitha Kannan, Dr. Anuja Dokras, Amy Nelson, Bella Bhatt, Minaz Mavany, Mily Parekh, Dr. Monica Mainigi, Nishitha Kannan, Saadhana Jakka, Carolyn Thomas, Ashwin Thomas, Sunanda Ganguly, Aratrika Das, Ashwin Thomas

**Tele-health using a “phy-gital” model for underserved in India**  
 Karma runs 24 nurse assisted e-health clinics to virtually connect doctors to underserved rural patients who go into a clinic, staffed with a full time nurse. ROH funds one clinic in Rajasthan giving access to comprehensive care to 35k underserved villagers.

**Our continued growth with Karma**  
 Anmol has treated 5000 patients over the last couple of years in addition to door to door COVID-19 interventions. When people could not come to the clinic, we took food and healthcare to them:  
**Key impact:**

- 5,172 walk-in patients
- 316 door-to-door consultation by our outreach staff
- 632 camp screenings
- 542 vaccinations
- 14,537 vaccination awareness calls- 2019-2022.



Nurse assisted e-health clinic to bring comprehensive primary care to rural Lasadiya, outskirts of Udaipur, Rajasthan, India




- Real-time Nurse Assisted Medical Consultations
- Technology Enabled Solution For Better Health Outcomes
- Comprehensive Service Delivery

# Inglis – Assistive Tech



Founded nearly a century and a half ago, Inglis’ mission is to enable people with disabilities — and those who care for them — to achieve their goals and live life to the fullest.

**Ray of Hope & Inglis**  
**Serving the disabled in Philly**  
 Inglis runs several programs for the disabled community, including Assistive Tech, which has been proudly supported by ROH for many years.



**Impacting 400+ disabled individuals in the area**  
2020: \$4000 was contributed towards continued investments in assistive technology solutions dedicated to scholarships to fund 20-30 training sessions for eligible people with disabilities  
2021: Scholarship Funding \$3,250 Licenses, Subscriptions, Magnifiers & Headsets  
2022: Adapted Gaming Training, Equipment, Staff, Supplies, and Therapy  
 Total: \$10,090.00



## Education & hygiene for underserved kids in India

About BalUtsav: a non profit that innovates government school's infrastructure, education & hygiene. ROH funds **1023 school girls' menstrual hygiene supplies & free OB GYN visits/year**. Bal Utsav has just begun but they're on fire, having helped over 700,000 children receive an exemplary education. Similar to our mission, Bal Utsav looks to promote hope, giving these kids reasons to continue forward, safely and bravely.

We are helping 3 government schools in Bangalore:

- Upper Primary School in Vajarahalli
- Primary School in Immadihalli
- High School in Immadihalli



## What were we up to the last 3 years?

### 2020 Spring & Summer:

Natyacise Dance Fitness lessons:

- Yoga - Jenny Lofaro
- Belly Dancing - Anjali Menon
- Indian classical and contemporary: Anwasha Dutta & Anitha Kannan
- Salsa and Bachhata - Keila Perez-Vega

### 2020 Fall:

- Tech a Break Virtual walk/run-roll for Inglis
- Facebook fundraiser
- PwC fundraiser & grant
- Cocktail making and holiday cooking event class with Bruce Marcolongo
- Heart Healthy Indian cooking class with Shailu Jaswal

### 2021 Spring:

Natyacise Dance Fitness lessons:

- Yoga - Jenny Lofaro
- Indian classical and contemporary: Anwasha Dutta & Anitha Kannan
- Salsa Bachhata - Keila Perez-Vega

### 2021 Summer and Fall:

- Yatra 2021 - Nava Nritya Dance Academy Outdoor & Zoom Recital
- Brunch cooking class with Bruce Marcolongo
- Facebook fundraiser
- Dine and Donate Fundraiser with local restaurants

### 2022 Spring:

- Salsa Bachhata - Keila Perez-Vega
- Tech a Break - 5K walk and run
- Sama 2022 - Nava Nritya Dance Academy Recital

### 2022 Summer and Fall:

- 3 solo dance recitals fundraisers by: Aratrika Das, Savina Copas and Himani Patel
- Dine and Donate Fundraiser
- Facebook fundraiser
- Dine and Donate Fundraisers with local restaurants

# SPECIAL THANKS TO OUR MAJOR DONORS!

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Xavier Petit  
Yeshashri and Hemin Desai

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